



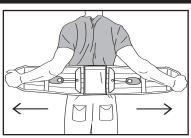
The Aspen® QuikDraw PRO™ is used for pain relief.

READ INSTRUCTIONS BEFORE USE. These directions are guidelines only. For existing medical conditions, consult a physician prior to use. Severe or persistent pain may be an indication of serious medical condition. Consult a physician if such symptoms are present. Pregnant and pre and post surgery patients should use this product only as directed by a physician.

QUIKDRAW PRO™ PREPARATION Incorrect (Not fully extended) FormFit™ Pull Tabs Versatile Back Pocket

Be sure the brace is stretched to its full length before applying. The FormFitTM pull tabs must be all the way in or the brace won't stretch to its full length. When removing the brace, be sure to position the FormFitTM pull tabs as shown in the correct drawing.

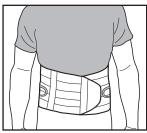
PLACEMENT



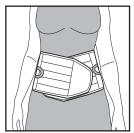
1. Apply the fully stretched brace making sure the back panel is centered and low on the back.



2. Overlap the tapered ends of the brace so the gray hook velcro grips the opposite side.



3. Inhale and apply the brace as tightly as possible.



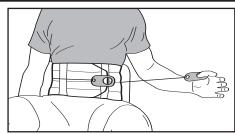
4. Note: To get a snug fit, it is often necessary to angle the two side panels as shown.

TIGHTENING



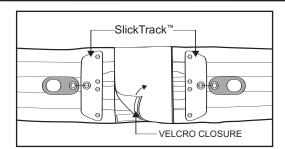
5. Slip each thumb into the FormFit™ pull tabs. Extend the tabs out and away from the brace. The left drawstring controls the tension on the lower portion of the brace, while the right drawstring controls the tension on the upper portion of the brace. Adjust and tighten the brace by increasing or decreasing the pull force on the drawstring.

ADJUSTMENT

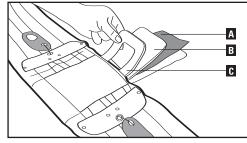


6. To secure the FormFit™ pull tabs, firmly attach the hook velcro side of the Pull tab to the loop velcro on the brace. Further adjustments can be made by releasing the velcro and tightening or loosening the drawstrings (and then lifting grips) and reapplying to desired tension. Note: For sitting, it may be desirable to loosen the drawstrings, which loosen the upper and lower portions of the brace.

BACK POCKET FEATURES



 To access back pocket features, open the back flap located between SlickTrack™ Tightening System.



2. The back pocket contains the rigid posterior panel and a foam pad. There is also space for an optional cold therapy pack.

- A The option of a cold pack is also available for additional therapy. The cold pack (sold separately) is in the A position within the back pocket.
- B The cushion foam pad provides additional comfort as a barrier between the low back and the rigid posterior panel. This foam pad is in the B position within the back pocket.
- The customizable rigid posterior panel can mimic the lordotic curve of the low back. This panel is in the C position within the back pocket.



The Aspen QuikDraw PRO™ sizing follows closely to standard pants sizing. Size ranges are only guidelines. Your experiences and personal assessment could make the difference in choosing the correct size brace.

Poin Relief Orthosis		Men's Pant Size	Women's Pant Size
Extra Small	21 to 27 in. (46 to 61 cm)	22 to 26 in.	Child - 0
Small	26 to 32 in. (68 to 81 cm)	26 to 30 in.	2 - 4
Medium	31 to 37 in. (79 to 94 cm)	30 to 34 in.	6 - 10
Large	36 to 42 in. (91 to 107 cm)	34 to 38 in.	12 - 16
Extra Large	41 to 47 in. (104 to 119 cm)	38 to 44 in.	18 - 22
Extra Extra Large	46 to 57 in. (117 to 145 cm)	44 to 54 in.	24 - 34

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PATENT PENDING PR0005 REV. J 6/05



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